

Week Two Menu

Main Courses:

Beef Nihari – Pakistani beef & lentil curry (GF) - £6.50

Sicilian Caponata – A rich Mediterranean vegetable ragout, great served with pasta (V, Vegan, DF, GF) £4.50

Mushroom Stroganoff (V, GF)- £5.50

Spanish Style Chicken with Chorizo and Peppers (DF, GF) - £5.50

Cottage Pie – (GF) £4.50

Fish Pie (GF) - £6.50

Sides:

Basmati Rice (uncooked) 75g - £1.00

New Potatoes (uncooked) 100g - £1.00

Vegetables (uncooked) – three different vegetables - £1.00

Soups:

Tomato & Basil Soup (V, Vegan, DF, GF) - £1.50

Chicken & Broccoli Soup (DF, GF) - £1.50

Sweet Treats:

Granola Flapjack – (V) £1.00

Chocolate Orange Brownie (V, GF) - £1.00

Berry Cheesecake Sundae (V) - £2.00

Homemade Bread:

700g Loaf - £1.50

700g Granary Loaf - £1.50

450g Loaf - £1.25

450g Granary Loaf – £1.25

4 x Bread Rolls - £1.25

4 x Granary Bread Rolls – £1.25

Extras:

2 x Large Homemade Sausage Rolls – £1.50

6 x Cooks Eggs - £1.00

500g Caster Sugar - £1.25

1Kg Self-Raising Flour - £1.00

1 Kg Plain Flour - £1.00

V = Vegetarian

Vegan = Vegan

DF = Dairy Free

GF = Gluten Free